

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2020



GLEN HILL STRATHAVEN
A DURHAM CHRISTIAN HOMES COMMUNITY

				<p>U:9:30 Dancercise (2nd) U: 9:30 Toss it! (1st) U:9:30 Fun and Fitness (3rd floor) U:10:30 Digital church service U:10:30 Cordial Companions U:1:15 Happy Hour U:3:45 You Be The Judge U:6:15 Mobile Spa</p>	<p>U:9:30 Fun and Fitness U:10:30 Sing-a-long U:10:30 Tuck Cart(3rd floor) GR:11:45 Take Out Lunch Bunch (1st floor) U:1:15 Fall decorating U:3:45 Circle of Friends (1st) U:3:45 Snoezelen (2nd) GR:6:15 Imagination Corner <small>Sukkot Begins</small></p>	<p>U:9:45 Tuck Cart Visits 2nd floor Facetime visits as time allows</p>
<p>U:9:45 Tuck Cart Visits 1st floor Facetime visits as time allows</p>	<p>U:9:30 Yoga (1st floor) U:9:30 Kick it up (2nd) U:9:30 Fun and Fitness (3rd floor) U:10:45 Unit DJ U:1:30 Quali-tea U:3:45 Poetry Corner U:6:15 Chicken Soup For The Soul</p>	<p>U:9:30 Yoga (2nd floor) U:9:30 Kick It up (1st floor) U:9:30 Fun and Fitness (3rd floor) U:10:30 Busy Bee's GR:11:00 Bible Music (1st floor) U:1:30 Crossword Corner (2nd) U:1:30 Trivia (1st floor) U:3:45 FYI PT:6:15 Current Events</p>	<p>U:9:30 Dancercise (1st) U: 9:30 Toss it! (2nd) U:9:30 Fun and Fitness (3rd floor) U:10:30 Snoezelen (2nd floor) U:10:30 Music Relaxation (1st floor) MDR:1:15 Bingo! (MDR) GR:1:30 Men's Club U:3:45 Ladies Spa U:6:15 Games Night (2nd floor)</p>	<p>U:9:30 Dancercise (2nd) U: 9:30 Toss it! (1st) U:9:30 Fun and Fitness (3rd floor) U:10:30 Digital church service U:10:30 Cordial Companions GR:11:30 Ladies Soup Social U:3:45 Give thanks craft U:6:15 Mobile Spa</p>	<p>U:9:30 Fun and Fitness U:10:30 Sing-a-long U:10:30 Tuck Cart(3rd floor) A:1:15 Thanksgiving Tea U:3:45 Circle of Friends (2nd) U:3:45 Snoezelen (1st) GR:6:15 Paint Night</p>	<p>U:9:45 Tuck Cart Visits 1st floor Facetime visits as time allows</p> <p><small>Simchat Torah Begins</small></p>
<p>U:9:45 Tuck Cart Visits 2nd floor Facetime visits as time allows</p>	<p>U:9:30 Yoga (1st floor) U:9:30 Kick it up (2nd) U:2:30 Unit DJ</p> <p><small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>U:9:30 Yoga (2nd floor) U:9:30 Kick It up (1st floor) U:9:30 Fun and Fitness (3rd floor) U:10:30 Busy Bee's U:1:30 Crossword Corner (1st) U:1:30 Trivia (2nd floor) U:3:45 FYI PT:6:15 Current Events</p>	<p>U:9:30 Dancercise (1st) U: 9:30 Toss it! (2nd) U:9:30 Fun and Fitness (3rd floor) U:10:30 Snoezelen (1st floor) U:10:30 Music Relaxation (2nd) MDR:1:15 Bingo! (MDR) GR:1:30 Men's Club U:3:45 Ladies Spa U:6:15 Games Night (1st floor)</p>	<p>U:9:30 Dancercise (2nd) U: 9:30 Toss it! (1st) U:9:30 Fun and Fitness (3rd floor) U:10:30 Digital church service U:10:30 Cordial Companions U:1:15 Happy Hour U:3:45 You Be The Judge U:6:15 Mobile Spa</p>	<p>U:9:30 Fun and Fitness U:10:30 Sing-a-long U:10:30 Tuck Cart(3rd floor) GR:11:45 Take Out Lunch Bunch (2nd floor) U:1:15 Music On Demand U:3:45 Circle of Friends (1st) U:3:45 Snoezelen (2nd) GR:6:15 Colour Creations</p>	<p>U:9:45 Tuck Cart Visits 2nd floor Facetime visits as time allows</p>
<p>U:9:45 Tuck Cart Visits 1st floor Facetime visits as time allows</p>	<p>U:9:30 Yoga (1st floor) U:9:30 Kick it up (2nd) U:9:30 Fun and Fitness (3rd floor) U:10:45 Unit DJ U:1:30 Quali-tea U:3:45 Poetry Corner U:6:15 Chicken Soup For The Soul</p>	<p>U:9:30 Yoga (2nd floor) U:9:30 Kick It up (1st floor) U:9:30 Fun and Fitness (3rd floor) U:10:30 Busy Bee's GR:11:00 Bible Music (2nd floor) U:1:30 Crossword Corner (2nd) U:1:30 Trivia (1st floor) U:3:45 FYI PT:6:15 Current Events</p>	<p>U:9:30 Dancercise (1st) U: 9:30 Toss it! (2nd) U:9:30 Fun and Fitness (3rd floor) U:10:30 Snoezelen (2nd floor) U:10:30 Music Relaxation (1st floor) MDR:1:15 Bingo! (MDR) GR:1:30 Men's Club U:3:45 Ladies Spa U:6:15 Games Night (2nd floor)</p>	<p>U:9:30 Dancercise (2nd) U: 9:30 Toss it! (1st) U:9:30 Fun and Fitness (3rd floor) U:10:30 Digital church service U:10:30 Cordial Companions A:1:15 Happy Hour U:3:45 You Be The Judge U:6:15 Mobile Spa</p>	<p>U:9:30 Fun and Fitness GR:10:00 Cup O'Joe Men's morning social U:10:30 Sing-a-long U:10:30 Tuck Cart(3rd floor) U:1:15 Music On Demand U:3:45 Circle of Friends (2nd) U:3:45 Snoezelen (1st) GR:6:15 Imagination Corner</p>	<p>U:9:45 Tuck Cart Visits 1st floor Facetime visits as time allows</p>
<p>U:9:45 Tuck Cart Visits 2nd floor Facetime visits as time allows</p>	<p>U:9:30 Yoga (1st floor) U:9:30 Kick it up (2nd) U:9:30 Fun and Fitness (3rd floor) U:10:45 Unit DJ U:1:30 Digital Memorial Service U:3:45 Poetry Corner U:6:15 Chicken Soup For The Soul</p>	<p>U: 9:30 Yoga (2nd floor) U:9:30 Kick It up (1st floor) U:9:30 Fun and Fitness (3rd floor) U:10:30 Busy Bee's GR:11:00 Bible Music (3rd floor) U:1:30 Crossword Corner (2nd) U:1:30 Trivia (1st floor) U:3:45 FYI PT:6:15 Current Events</p>	<p>U:9:30 Dancercise (1st) U: 9:30 Toss it! (2nd) U:9:30 Fun and Fitness (3rd floor) U:10:30 Snoezelen (1st floor) U:10:30 Music Relaxation (2nd) MDR:1:15 Bingo! (MDR) GR:1:30 Men's Club U:3:45 Ladies Spa U:6:15 Games Night (1st floor)</p>	<p>U:9:30 Dancercise (2nd) U: 9:30 Toss it! (1st) U:9:30 Fun and Fitness (3rd floor) U:10:30 Digital church service U:10:30 Cordial Companions U:1:15 Pumpkin treat delivery U:3:45 You Be The Judge U:6:15 Mobile Spa</p>	<p>U:9:30 Fun and Fitness U:10:30 Reverse Trick-or-treating (we will come to you!) PT:1:30 Halloween entertainment w/ Corby Leigh Kemp U:3:45 Sing-A-Long GR:6:15 Spooky stories</p>	<p>U:9:45 Tuck Cart Visits 2nd floor Facetime visits as time allows</p> <p><small>Halloween</small></p>

Legend: U: Unit Lounges, A: Auditorium (basement), RA: Retirement Side Auditorium (basement), RR: Resident Rooms, GR: Games Room (basement), PT: Patio